## **Workshop overview**

The course aims to strengthen research skills among nursing and allied health and students (postprofessionals graduate) encouraging them to utilize research-generated knowledge in routine clinical practice. It presents an overview of research designs and statistical methods and provides a hands-on training on various stages of research from problem formulation to study design, data collection. data analysis and interpretation. By the end of the workshop, participants will be able to:

- ✓ Understand the importance of conducting research
- ✓ Plan, design and conduct a research study
- ✓ Communicate the study findings

#### Who should attend

This workshop is primarily aimed at faculty and (postgraduate) students of nursing and allied health sciences.

#### Registrations

Payment can be made through:

- Demand Draft drawn in favour of St. John's Research Institute, Bangalore or
- ✓ NEFT [beneficiary name: St. John's Research Institute; bank name: Bank of Baroda; beneficiary's bank A/c #: 05210100024920; branch: John Nagar, St. John's Medical College, Koramangala, Bangalore-560034; IFSC code: BARBOSTJOHN (5<sup>th</sup> digit zero)]

### **Course Faculty**

Course faculty will be from St John's College of Nursing and from St John's Medical College & Research Institute.

#### For further enquiry

Dr Kavya R, MBBS, MPH, PGDHHM Course Director Assistant Professor, Division of Epidemiology & Population Health St. John's Research Institute

Dr Geraldine Menezes, PhD Co-director Professor, Dept. of Biochemistry Vice Dean, Allied Health Sciences St. John's Medical College

Mrs Maryann Washington, MSc, M.Phil Co-director Adjunct Professor (Nursing) Division of Epidemiology & Population Health St. John's Research Institute

#### Workshop fee:

Before 30th December - Rs.2000/- (for students) & Rs.3000/- (for faculty)

After 30th December - Rs.2500/-(for students) & Rs.3500/ (for faculty). Filled registration form with details of DD/NEFT transfer (your name and transaction ID) should be sent to: epibio@sjri.res.in

St. John's Research Institute
St. John's National Academy of
Health Sciences,
Bangalore 560034

Health Research
Methods Workshop
for Nurses and Allied
health professionals



Dates: 9th – 11th Jan 2018

Venue: St. John's Research Institute, Bangalore, India

#### **Contact:**

epibio@sjri.res.in 080-49467032

# **Workshop Schedule**

# 9<sup>th</sup> – 11<sup>th</sup> January 2018

Day	Session 1	Session 2	Session 3	Session 4		Session 5	Session 6		Session 7	Session 8		Session 9
Time	9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:15		11:30-12:15	12:15-1:00		1:45-2:45	2:45-3:15		3:30-5:30
Day 1	inauguration	Introduction to workshop and Pre-test	Clinical Practice and Research: What's the connection?	How do I develop a research study protocol?		Describing and understanding study data -1	Why is a study important? – Study formulation		What has been done before? – Review of Literature	Learn a new tool – Mind mapping		Let's work together! – Develop study protocol
Time	9:00-9:45	9:45-10:30	10:30-11:15			11:30-12:15	12:15-1:00		1:45-2:30	2:30-3:15		3:30-5:30
Day 2	Why do I want to do this study? – Study objective and hypothesis	How will this study be conducted? – Research design, strategy and methods	What is qualitative research methodology?		T E A	How many is enough? – Sample size calculation	Describing and understanding study data- 2	L U N C H	Learn a new tool – GANTT CHART	What is a study tool? – Developing and validating study tool	F	Let's work together! – Develop study protocol
Time	9:00-9:30	9:30-10:00	10:00-10:30	10:30-11:15		11:30-12:15	12:15-1:00		1:30-2:15	2:15-3:00		3:15-5:00
Day 3	Does my study need ethical approval?	How much does the study cost? - Budgeting	Communicating findings of the study – scientific reporting and referencing	Group work presentation (Group 1)	B R E A K	Group work presentation (Group 2)	Group work presentation (Group 3)	B R E A K	Group work presentation (Group 4)	Group work presentations (Group 5)	B R E A K	Group work presentations (Group 6 & 7) and Valedictory

Each session will have 25-30 minutes theoretical presentation followed by 15-20 minutes of hands-on practical training. Participants will work in groups to develop a study protocol during the course. These protocols will then be presented to research experts for critical feedback and suggestions for future improvement. It is advisable that participants bring a laptop of their own to the workshop.