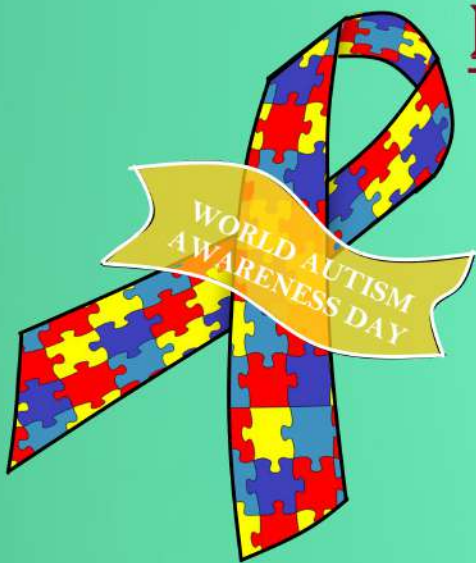


LETS SPREAD THE WORD



"Together we can make a better world for those with autism."

EARLY SIGNS OF AUTISM

Hyperactivity



Poor Speech



Inappropriate playing with toys



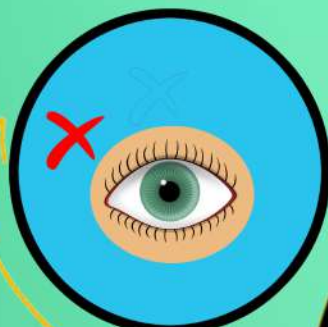
Lack of awareness of danger



Over Sensitivity to Sound



No Eye Contact



Inappropriate laughter and crying



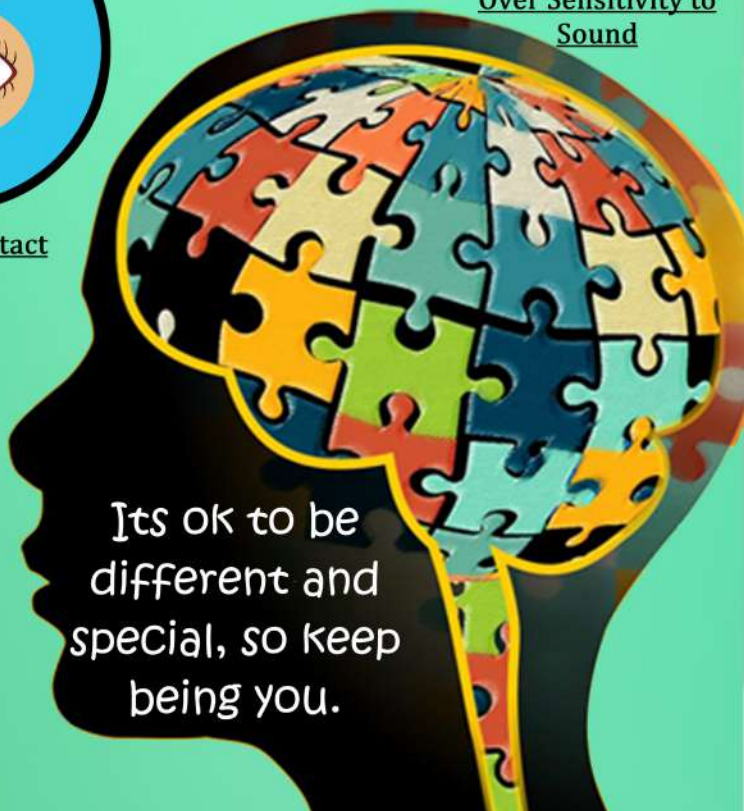
Lack of socialization and plays alone

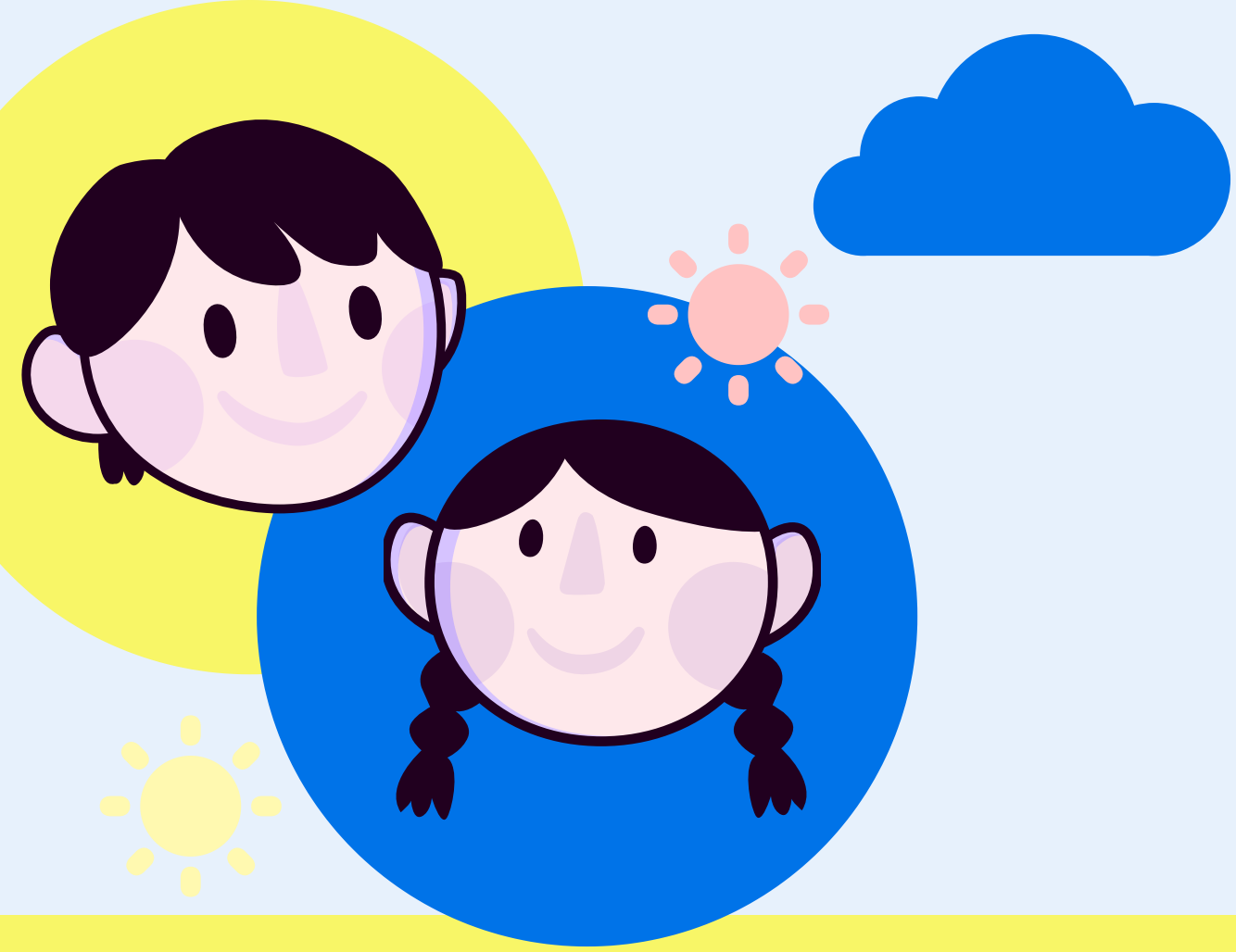


Rejects Cuddles



Its ok to be different and special, so keep being you.





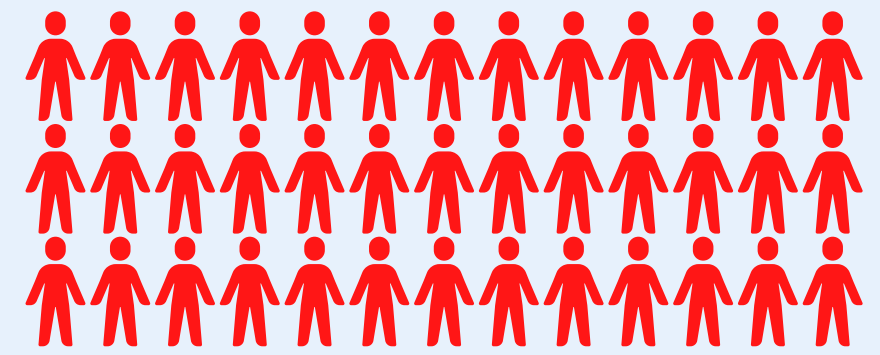
WORLD AUTISM AWARENESS DAY

2 April

Autism is not a disability, it's a different ability

What is it?

Autism is a neurological disorder that hampers normal brain function. It adversely impacts the communication skills of a child as well as their ability to interact with people.



1 in 100

children in India under age 10 have autism



It has been estimated that more than 2 million people might be affected by ASD in India (Chauhan et al. 2019)

Cannot be diagnosed up to 18 months and the ideal time to start its treatment is by one to two years



Autism Spectrum Disorder



No two children with autism will be the same

Early Signs

- Has trouble relating to others
- Avoids eye contact
- Prefers to be alone
- Repeats words, phrases or actions
- Needs routines
- Dislikes being embraced

How to Help

- Educate yourself
- Respect their boundaries
- Try not to stare
- Be patient and calm
- Respect their schedule
- Try to help, not control

Remember - Autism Does not Define a Person

Designed by: Pooja A

CHRIST (DEEMED TO BE UNIVERSITY)

REFERENCE

Chauhan A, Sahu JK, Jaiswal N, Kumar K, Agarwal A, Kaur J, Singh S, Singh M. Prevalence of autism spectrum disorder in Indian children: A systematic review and meta-analysis. *Neurol India* 2019;67:100-4



WORLD AUTISM AWARENESS DAY

Social

- Avoiding eye contact
- Shy away
- Avoiding social situations
- Non-responsive to questions
- Difficulty understanding other's emotions
- Difficulty maintaining friendships



Restrictive interests & Repetitive behavior

- Preoccupied with limited patterns of interest
- Sticking to specific routines or rituals
- Preoccupation with an object
- Repetitive actions



Communication

- Difficulties initiating & maintaining conversations
- Difficulty understanding non-verbal cues (gestures, facial expressions)
- Difficulty understanding intended meaning behind words (sarcasm, indirect request)
- Repetitive use of language



Myths

- Everyone with ASD is either non-verbal or savant
- People with autism cannot form relationships
- All people with autism are alike
- All individuals with autism have mental disabilities
- Autism can be cured



How to support a child with Autism in School

As a Classmate

- Include him/her



- Be persistent and patient

- Speak literally



- Stand up for him/her,
Be helpful.



As a teacher

- Avoid sensory overload
- Use visuals
- Be predictable
- Keep language concrete
- Treat students as individual
- Directly teach social skills



Let's move forward **TOGETHER**

Always Ask: About his/her comfort

Give him/her: Space

Understand his/her: Uniqueness

