

## **Clinical Services at CARE-ADD**

Caring for a child with developmental problems like autism can be an everyday challenge. However, with early detection, parental education and intervention, parents can prepare themselves in an effective manner.

### **Customised Programmes:**

CARE-ADD recognises that different children respond in different ways to intervention. No single programme can suit all children and families. So the team works towards customising the intervention programme to meet the needs of every individual child.

### **Early Intervention:**

The team at CARE-ADD is equipped with the necessary tools and professional expertise to evaluate and assess a child as early as 12-18 months of age. The early intervention programme combines specialist support and intensive therapies.

### **Follow up Programme:**

The centre offers a systematic follow-up programme for reassessment of children at regular intervals to monitor their progress.

### **Support Groups for Families:**

CARE-ADD conducts quarterly parent-support group meetings. These meetings create a sense of community on the basis of shared experiences and allow families to set realistic expectations of how mental health professionals can help their child. Besides this, it is an opportunity for them to receive updates on progress in research and programmes.

### **A Repository of Approved Interventions:**

CARE-ADD seeks to build a repository of information on available interventions and resources for children and families in the city.

### **Youth and Young Adults with Autism:**

We intend developing a programme based on operational research design and support 15-20 youth and young adults with autism. It is envisaged that this will lead to a formal rehabilitation model that focuses as much on strength of these individuals, besides respite care where necessary.

For appointments, please call: 080-22065950 for autism clinic and 080-22065643 for assessments after having been seen in the clinic.