

## **Two-year Research Training through Mentorship**

In this program, we selected and trained young medical faculty for two years in two cycles each (total 14 over four years; 2009 - 2013) in Health Research Methodology (HRM). These candidates attended a two-week residential course in basic health research methodologies in year one and an advanced course in year two for two weeks each.

They also conducted a research study with an external and an internal mentor in the area of their interest. The internal mentors were from their own institution and are selected by the candidates themselves. The external mentor for each mentee is from a different institution and is identified by St. John's. They provide guidance in developing the research idea and in the scientific aspects of the study over two years. We provided a research grant of up to Rs. 5.0 Lakhs over two years to conduct the research project.

Six candidates in phase 1 were selected in September 2009 and in 2011 eight candidates in phase 2 were selected. Thirteen of them have completed their projects, and are publishing their results.

Eleven of the candidates attended the NHLBI Global Health steering committee meetings in Bethesda, USA. They made poster presentation on their projects and visited the National Institutes of Health. They also attended a grants writing workshop.