

# National Webinar

Organized by Division of Nutrition,  
St. John's Research Institute, Bangalore

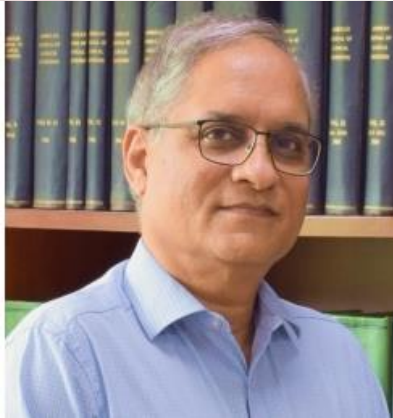


St. John's National Academy  
of Health Sciences

## Basis for Calculating Dietary Requirements - Macronutrients

Following the release of the Nutrient Requirements for Indians -  
A report of the ICMR expert group - 2020

### Speaker



### Prof. Anura V Kurpad MD, PhD, FRCP

Department of Physiology,  
St. John's Medical College

Co-Chair, ICMR nutrient requirement expert group - 2020

**Date: 27<sup>th</sup> October 2020**

**Time: 4:30 – 6.00 PM (IST)**

**Click here to  
Register**



**Deadline: 23<sup>rd</sup> October 2020**



#### Moderator:

Dr. Rebecca Kuriyan Raj  
Professor and Head,  
Division of Nutrition,  
St. John's Research Institute



#### Panelist:

Sheela Krishnaswamy, RD  
Nutrition and Wellness  
Consultant  
Founder, Nutrition Nectar



#### Panelist:

Dr. A Sundaravalli  
Head and Associate Professor  
Department of Home Science  
Mount Carmel College