



In memory of

## Professor Prakash Shetty



St. John's National Academy  
of Health Sciences

an outstanding teacher, researcher, spanning basic medical sciences, history of medicine, Indian culture, and the arts.



We invite you to the

*Diamond Jubilee special*

### Professor Prakash Shetty Public Lecture

@ The Pope Paul VI Auditorium,

**St. John's Research Institute**

on **September 29<sup>th</sup>, 2.30 -3.30 pm (IST)**

A lecture-demonstration  
by classical dancer choreographer

**Aranyani Bhargav**

[Artistic Director, Vyuti Dance Company]

on the theme

**Embodying Art: Looking within and  
beyond the body**



The lecture is centrally about the mind-body connect that dance brings about through its requirement for bodily health and fitness as well as a deep connection with our emotions. The performance - "Samshaya: Dilemma" deals with the turbulent internal conflict of a person betrayed.

ST. JOHN'S - BANGALORE



Health and Humanities  
...Bridging the gulf...

**Organized by The Division of Health and Humanities**

*Diamond Jubilee special*

# Professor Prakash Shetty Public Lecture

by classical dancer choreographer

## Aranyani Bhargav

[Artistic Director, Vyuti Dance Company]

on the theme

## Embodying Art: Looking within and beyond the body

### Abstract:

- **The lecture** - *How does art, and dance in particular, enable us to look at the body beyond muscle, tissue and bone? How, in addition to the crucial practice of medicine, can dance be a source of healing?* The lecture is centrally about the mind-body connect that dance brings about through its requirement for bodily health and fitness as well as a deep connection with our emotions, and how that can be cathartic and healing in many ways, leading to a holistic and healthy body and mind
- **The performance** - *“Samshaya: Dilemma”* deals with the turbulent internal conflict of a person betrayed - to forgive or not to forgive the betrayer, whom the protagonist deeply loves/loved, her mind pulls her in opposing directions as she waits for her lover to arrive where she confronts him. It is a piece set to the legendary Hindustani classical singer Kishori Amonkar’s *Raag Bhoop (Sahela Re)*.

**VENUE: The Pope Paul VI Auditorium,**

**St. John’s Research Institute**

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To register :

<https://forms.gle/vGPkgnNzSRLf3K9T6>