

Who should sign up



This short course is targeted at any student, professional or researcher interested in urban public health.

Those from the backgrounds of medicine, health sciences, social sciences, life/biological sciences, economics, arts or commerce will find this useful.

Registration

Registration is now open.

Filled registration form (www.sjri.res.in) can be submitted till the 29th of the month preceding the course. The course will be open for one entire month.

Organization and delivery

The course will be hosted and delivered online by St John's Medical College and Research Institute. After successful registration, all participants will be provided with a 'username' and 'password'. The course can then be accessed any time using a desktop, laptop or tablet.

For further enquiry and registration, contact:

Dr Prem K. Mony, MD

Course Director

Head, Division of Epidemiology & Population Health
St. John's Research Institute

Dr Kavya R, MPH

Course Coordinator

Division of Epidemiology & Population Health
St. John's Research Institute

E-mail: epibio@sjri.res.in / sjriepi@gmail.com

St. John's Research Institute (SJRI)
St. John's National Academy of Health Sciences
Bangalore – 560034



Urban Health – Fundamentals (online course)



Dates: 1st April - 30th April 2026

Tuition fee for participants from India:

Rs 1,850/- plus 18% GST

[Rs 1,000/- plus 18% GST (for current students only)]

For participants from outside India:

USD 50/- (all inclusive)

E-mail: sjriepi@gmail.com Tel: 080-49467030

Urban Health - Fundamentals (*Online Course*)

Course Objectives

While urbanization is associated with improvements in health and development, it can also produce some negative consequences – unhealthy lifestyles, environmental degradation and social inequities. This situation is most problematic in developing countries, against a background of unplanned growth, struggling health systems and lack of commensurate basic services for many.

This online course aims to teach the fundamentals of Urban Health, especially applicable to low- and middle-income country settings. It is a basic level course and aims to introduce fundamental concepts of urban public health, and sensitise participants to the unique health problems in such settings.

Course details

This web-based course can be taken up at one's own free time and convenience. It provides an opportunity for busy practitioners, researchers and students who are unable to travel to learn and update their knowledge on key determinants of Urban Health.

- ◆ The complete duration of this course is 10 hours but it may be completed over a period of one month
- ◆ Upon successful completion, participant will receive a Course Completion certificate from St John's Research Institute

Course Schedule

Module #	Module Title	Duration
0	Introduction	50 min
1	Urbanization	100 min
2	Urban Demography	110 min
3	Urban Poor	140 min
4	Urban Health Framework	100 min
5	Urban Health & Sustainable Development Goals	100 min